



Los Angeles Fetal Surgery

PRE-OPERATIVE INSTRUCTIONS

The Fetal Surgery staff, Dr. Chmait, and the Huntington Memorial community want to do everything we can to make your experience as smooth as possible. Please read the following pre-operative instructions carefully.

- 1. Do NOT eat or drink anything after midnight the night before your surgery; this includes water and gum.**
- 2. Please remove all jewelry.**
- 3. Please go to the Same Day Surgery Unit (East Tower) or the Admitting Department (main lobby) at Huntington Memorial Hospital on day of surgery if given instructions to do so. See attached map for directions.**
- 4. Your family can stay with you during the process, except in the operating room.**
- 5. Your family will be asked to hold your clothing and other belongings while you are having surgery. If your family is not available, other plans will be made.**
- 6. You will be monitored in the recovery room for approximately one hour after surgery where one family member can accompany you.**
- 7. You will stay one night in Huntington Memorial Hospital unless otherwise instructed.**
- 8. You will advance to a regular diet once you are transferred from recovery.**
- 9. You may bring slippers, a robe, and toiletries, as well as a change of clothes for going home.**

For any questions, please call the Fetal Surgery office at (626) 356-3360. You may also call or text Kris and Arlyn directly at (661) 714-6246.